



MUDITASREE WELFARE FOUNDATION

"Helping. Healing. Caring."

SUPPORT FOR ELDERS

1) RETIREMENT HOME FOR ELDERS/CHALLENGED PEOPLE

- i) Self Sponsored
- ii) Sponsored by Supporting organisation (fully or partially)

The purpose of Retirement home for elders/challenged people is to help and support them with a homely stay, at the same time with all cares that is needed to address their challenges such as medical, food, Laundry, social activities that keep them engaged, 24x7 Security, call on emergency and other day-to-day needs.

There are many ways the Elders/challenged can be supported:

- I. Aligning with other Old Age homes and support individuals or the Old age home itself.
- II. Create our own homes
- III. Day Care centre (only during week days)
- IV. Create awareness about short stay requirement of elders in Old Age Home and help old-age homes to accept such elders too. Some children are taking care of their parents. However, due to health condition, it may not be possible for the children to take the elderly parents while they are going a holiday/function outside their home town.
- V. A website giving information of Old Age homes in the locality/State/country and make it more user friendly for anyone to identify the best one, considering the location, cost, need etc

Meals Service for Elders

Elders who are independent but are unable to spend long hours in kitchen to prepare food is another area of support our Foundation can look at. This will help two kinds of people.

Firstly, it addresses the challenge of timely food at their door step. A home -made food will definitely attract them. The food can be tailor- made considering their personal/health needs such as diabetics, BP etc.

Second, our foundation can generate an employment opportunity to those who are willing to render such service. Foundation can have a kitchen to prepare food and the same can be delivered to the residence of elders who need it.

2) MEDICAL SUPPORT

- i) Self Sponsored

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Majority of the elders face serious problems when they fall sick and need medical attention. The savings/pensions/mediclaime may not be sufficient to take care of these emergency needs. The problems are multiple when their own children don't support such parents. Timely support makes a huge impact for these seniors.

Conducting health care Camps with the support of Hospitals/Voluntary Doctors at various old age homes will also help to address the issue of medical care for elders.



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